

## LGBT PROGRAMS AT OMSA

### LGBT DISCUSSION GROUPS

These theme-oriented groups support LGBT (Lesbian, Gay, Bisexual, Transgender) and Queer or Questioning students who are in the process of integrating their whole selves into their college experience and adult lives. Focus will be placed on general discussions about LGBT issues and culture conflicts, mutual support, and environmental stresses. These are not therapy groups.

### BROWN BAG LUNCHEONS

A bimonthly forum takes place to provide stimulating discussions around topics related to ethnic and cultural diversity. This forum, designed as an educational discussion group, provides an opportunity for students to casually interact through social discourse.

### CULTURAL CAFÉ

The Café is designed to offer a relaxed atmosphere where students and others will have an opportunity to get together. The purpose is to offer an environment where students can listen to poetry, jazz, watch films or listen to presentations and just relax. Coffee, tea and pastries are served in a café atmosphere.

### DIVERSITY FILM SERIES

The Diversity Film Series is designed to offer films that reflect the full spectrum of issues related to multiculturalism, i.e. racism, sexism, culture, LGBT issues, etc.

**Please visit our Web site at [www.omsa.vcu.edu](http://www.omsa.vcu.edu) for more resources and up to date information on programs.**



## OFFICE OF MULTICULTURAL STUDENT AFFAIRS

Division of Student Affairs & Enrollment Services  
University Student Commons  
907 Floyd Ave., suite 215  
P.O. Box 843080  
Richmond, Virginia 23284-3080

Phone: (804) 828-6672  
Fax: (804) 828-2368  
E-mail: [omsa@vcu.edu](mailto:omsa@vcu.edu)  
Web: [www.omsa.vcu.edu](http://www.omsa.vcu.edu)

## OFFICE OF MULTICULTURAL STUDENT AFFAIRS

# LGBT RESOURCE GUIDE

**Lesbian  
Gay  
Bisexual  
Transgender**

Where do you intersect?

*The Office of Multicultural Student Affairs (OMSA) is a resource for Virginia Commonwealth University (VCU) students, faculty and staff. The primary mission of OMSA is to assist traditionally under served and/or underrepresented student populations (i.e. race, ethnicity, sexual orientation, and gender) through advising, support, program development, retention, mentoring and by promoting an appreciation of diversity throughout the campus community.*



VCU is an EEO/AA institution. MSA0809-172



Virginia Commonwealth University

# CAMPUS AND COMMUNITY RESOURCES

## VCU ON CAMPUS RESOURCES

### STUDENT ORGANIZATIONS

**Queer Action:** This student group's mission centers around activism and advocacy for LGBTQ students and populations for the VCU and greater Richmond area. The group meets Thursdays at 8 p.m. in the Student Commons.

E-mail: [queeraction@vcu.edu](mailto:queeraction@vcu.edu)

**LGBTQI Health Collective:** This Medical Campus group's mission is to advocate sexual and gender minority students and to educate fellow classmates on LGBT issues to better serve patients.

E-mail: [kiddj@vcu.edu](mailto:kiddj@vcu.edu)

### CAMPUS CENTERS

**Office of Multicultural Student Affairs:** OMSA has a wide range of programs available for students on campus, including LGBT and Women's services. For a full list of programs that are happening, visit OMSA's Web site.

Web: [www.omsa.vcu.edu](http://www.omsa.vcu.edu)

E-mail: [omsa@vcu.edu](mailto:omsa@vcu.edu)

Phone: (804) 828-6672

**Safe Zone:** The Safe Zone program at VCU prepares faculty and staff through a two-hour workshop, to be supportive, trustworthy and sensitive to the needs and concerns of LGBT people. Look for a displayed VCU Safe Zone sticker as an indicator that you will find an ally here. Encourage other faculty to attend a Safe Zone workshop and earn a sticker.

Web: [www.students.vcu.edu/counsel/safezone](http://www.students.vcu.edu/counsel/safezone)

**University Counseling Services:** These services are open to all VCU students who wish to explore personal concerns and to obtain help in making changes in their lives. Therapy sessions with the confidential, professional staff are open to individuals and couples, regardless of, marital status, sexual or gender identification.

Open 8 a.m. – 5 p.m. Monday – Friday

Phone: (804) 828-6200

Web: [www.student.vcu.edu/counsel](http://www.student.vcu.edu/counsel)

E-mail: [queeraction@vcu.edu](mailto:queeraction@vcu.edu)

**University Committee on Lesbian, Gay, Bisexual, Transgender and Queer Issues:** The committee is a collaborative and advisory body representing the concerns of the LGBTQ community of Virginia Commonwealth University. The committee serves to advance the university's commitment to diversity and equal opportunity.

Web: [www.vcu.edu/eeoaa/lgbt.html](http://www.vcu.edu/eeoaa/lgbt.html)

**"The Well":** The Wellness Resource Center is dedicated to healthcare equity and wellness for all VCU Students. We realize that LGBTQ students may have specific concerns about confidentiality, sensitivity, and inclusive health care. At The Well, we will make every effort to support your healthcare needs, your identity and your sexual orientation.

Phone: VCU-WELL

Web: [www.thewell.vcu.edu](http://www.thewell.vcu.edu)

## RICHMOND COMMUNITY RESOURCES

**Richmond Organization for Sexual Minority Youth (ROSMY):** This organization is available to youth between the ages of 14 – 20 who identify as gay, lesbian, bisexual, transgender and queer are questioning their sexual orientation. Services include support groups, drop-in hours, mentoring and special events.

Phone support: (804) 644-4390

Administration: (804) 644-4800

Web: [www.rosmy.org](http://www.rosmy.org)

E-mail: [rosmy@rosmy.org](mailto:rosmy@rosmy.org)

**Fan Free Clinic:** The Fan Free Clinic provides an astounding array of services to all members of the Richmond community. Free HIV testing, STD testing and treatment, birth control, reproductive health, physical exams and many other services are available. Prescriptions for hormones and primary care are available for transgender people with a specialized Tuesday night clinic devoted to Trans care. Call on Mondays starting at 9 a.m. for appointments for the week.

Phone: (804) 358-6343 x 153

Web: [www.fanfreeclinic.org](http://www.fanfreeclinic.org)

**The Richmond Transformers:** This is a biweekly support group for female-to-male- (FTM) transgender/transsexual individuals that meets at the Fan Free Clinic.

Phone: (804) 358-6343 x 135

## SPIRITUAL RESOURCES

The below spiritual communities are LGBT inclusive:

### Metropolitan Community Church of Richmond

2501 Park Ave. | Richmond, VA 23220

(804) 353-9477 | [www.mccrichmond.org](http://www.mccrichmond.org)

### First Unitarian Church of Richmond

1000 Blanton Ave. | Richmond, VA 23221

(804) 355-0777 | [www.richmonduu.org](http://www.richmonduu.org)

### St. John's United Church of Christ

503 Stuart Cr. | Richmond, VA 23220

(804) 358-9291 | [www.stjohnsrichmond.org](http://www.stjohnsrichmond.org)

### Congregation Beth Ahabah (Reform Judaism)

1111 W. Franklin St. | Richmond, VA 23220

(804) 358-6757 | [www.bethahabah.org](http://www.bethahabah.org)

### Religious Society of Friends (Quaker) – Richmond

4500 Kensington Ave. | Richmond, VA 23221

(804) 358-6185 | [www.richmondfriends.org](http://www.richmondfriends.org)

## FURTHER INFORMATION

Visit the links below for more information on LGBT issues in the Greater Richmond, Virginia and Metro DC Area:

**Lambda Directory:** LGBT owned or friendly businesses in the Richmond/Norfolk/Charlottesville/Virginia Beach area.

Web: [www.lambdadir.com](http://www.lambdadir.com)

### GLSEN Richmond/Safe School Coalition:

Gay, Lesbian and Straight Education Network.

Web: [www.glsen.org/richmond](http://www.glsen.org/richmond)

**Equality Virginia:** Equality Virginia is a statewide, nonpartisan lobbying, education and support network for the gay, lesbian, bisexual, transgender and straight allied (GLBT) communities in Virginia.

Web: [www.equalityvirginia.org](http://www.equalityvirginia.org)

**Gay Pride Virginia:** Gay Pride Virginia sponsors many events for the community.

Web: [www.gaypridevirginia.org](http://www.gaypridevirginia.org)